

Open Course on Awareness with Elio Guarisco in Minsk Belarus

Date : December 14, 2017

December 6-10, 2017.





We heartily thank Elio Guarisco for visiting our country, for the opportunity to learn and practice together. The wonderful atmosphere of the event and the striving for knowledge brought people very close together. Thanks to the experience of the instructor, the course turned out to be whole and very deep. The participants united, discovered new opportunities in practice and interest in the Teaching. We are very happy that all the circumstances have been favorable! Thanks Elio Guarisco and all the participants!



Elio also gave a brief explanation of the long Mandarava practice for members of the Dzogchen Community on December 11. We gained huge benefit and hope to meet again in the near future!