

8 December - Global Guru Yoga and Vajra Dance Day

Date : December 5, 2017



WORLDWIDE GURU YOGA AND VAJRA DANCE PRACTICE

FRIDAY 8 DECEMBER 2017

10am – 3pm – 8pm

**CELEBRATING THE BIRTHDAY OF OUR PRECIOUS MASTER
CHÖGYAL NAMKHAI NORBU**

DEDICATING TO THE BENEFIT OF ALL SENTIENT BEINGS



Dear Sangha

In a little less than one month our precious Master celebrates his 79th Birthday and according to the Tibetan way of counting it is Rinpoche's 80th Birthday. We connect as we always do during webcast retreats with Rinpoche,

who explained about the importance of being together in the state of contemplation for the benefit toward evolution and world peace.

It is also the supreme practice to dedicate for the health and well-being of Rinpoche if we, the Sangha, unite in the essence of the teachings

and continue in this presence and awareness reflected in all our activities

with unlimited benefits to sentient beings since we are inseparable and interconnected. If possible we can all do a GuruYoga practice of white A together,

integrating singing or also dancing the Song of Vajra

and continue as well with any of the other Vajra Dances

including the Vajra Dance of Space of 12 A

as long as we like starting at: 10 am – 3 pm – 8 pm **in our Location**

<https://www.worldtimebuddy.com> Also it is an occasion to wear the Vajra Dance Costume.

LET US SING and DANCE

and enjoy this day together

as if being together with Rinpoche

and our Vajra Brothers and Sisters in Dzamling Gar

