

Guru Yoga and Contemplation

Date : November 12, 2015



Kunsangar North is very grateful to SMS instructor Grigory Mokhin for a wonderful retreat on Guru Yoga and contemplation which took place from 3 till 8 November. In total about 60 people participated in the retreat. We invite everybody to take part in two more upcoming retreats with Grigory during the New Year holidays!

With best wishes,

Kunsangar North Gakyil

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