

## July 2019 Retreat at Kunsangar North Russia

Date : July 27, 2019



6-7 July an open event '**Introduction to Meditation**' organized by the [Shang Shung Institute Russia](#).



7-14 July a restricted event '**Experiencing the Three Paths of Liberation**' held by various Santi Maha Sangha, Yantra Yoga, Vajra Dance and Khaita Dance instructors.



