

## Mandarava Practice Webcast November 14

Date : November 10, 2016



Dear Vajra Family,

The next **Mandarava practice in webcast** will be on **November 14th at 4:00pm/16:00 (GMT+10)** from Namgyalgar (Australia).

Link: <http://webcast.dzogchen.net/index.php?id=practicing-together>

ATTENTION! This time we will do the practice without Ganapuja since 4 hours later Rinpoche will do the Ganapuja full moon (webcast) with us.

This practice is **dedicated to the health and long life of our Master**, and all in need of healing.

We hope you can organize it in order to follow the practice together, joining our energies for the benefit of all sentient beings of the universe.

(We won't potentiate Namkha or Lungta this time)

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benefit of all sentient beings of the universe.

Long Life to our Precious Master!!!

Practicing Together Team