

Merigar West - A Moment of Silent Meditation

Date : September 24, 2018



Dear friends,

We are all following the news about our beloved Master.

Now it is a really important moment for our whole community to remain in silent meditation.

At [Merigar](#) we are practicing throughout the day with several *tuns* of practice being webcast. We invite everyone to practice with awareness and presence as our Master has always suggested.

We ask you to respect the privacy of our Master and his Family who have given us so much with tireless generosity.

We ask all of you to stay united in meditation and silence in these days. Please do not post on the social media photos or unofficial news about the Master and events happening at the Gar during these days.