

## **Practices from Merigar West and Dzamling Gar, 23–29 Nov**

**Date :** November 23, 2020

Dear all!!

We wish this announcement finds you all in good health,

Next week webcast program from Merigar and Dzamling Gar  
the time is Merigar Time (GMT+1:00)

### **Monday, 23 November**

18:00 Practice of Tara

### **Tuesday, 24th November**

17:00 Ganapuja (Day of Guru Padmasambhava)

### **Wednesday, 25th November**

18:00 Practice of Tara

### **Thursday, 26th November**

17:00 Practice of Khaita Joyful Dances

### **Saturday, 28th November**

18:00 Practice of Tara

### **Sunday, 29th November**

10:00 Tara practice and Vajra dance at 12A

here the link of monthly webcast for november:

<https://www.merigar.it/en/courses-and-events/monthly-program-in-webcast-from-merigar-and-dzamling-gar/>

connect to the webcast at:

<https://webcast.dzogchen.net/index.php?id=practicing-together-html5>

thanks to all for your participation,  
be well and healthy  
with warm and kind regards  
Webcast Team