

Practicing Together - 24 hour Jigme Lingpa Ganapuja Global Chain

Date : September 19, 2017



Dear Vajra Brothers and Sisters Worldwide,

**We encourage you to take part of the next
24 hour Jigme Lingpa Ganapuja Global Chain.**

We will do this global practice mainly to supporting Rinpoche's good health and of course the construction of [Dzamling Gar Gönpa!](#)

If you have opportunity, join to this global practice!

Date: 20th September from 0:00 to 24:00h GMT+0 "Let's Unite Our Strength and Capacity. Dzogchen Communities, Unite all your Strength and Capacity".

(from Dzamling Gar Song by Chögyal Namkhai Norbu)

Do you want to participate?

Then,

1. Register by filling the following questionnaire in: www.practicingtogether.org
(Please, when you register choose your time of practice in GMT+0. Check [here](#) to find equivalent time in your time zone)
2. We suggest, each practitioner -or group- to start the practice with Short Ganapuja as usually, when we Transform in SIMHAMUKHA, we recite Her mantra (around 21 or 108 times). This first, part will take 15 minutes – you can choose to do it longer, according to your circumstances.

Then, after Simhamukha's mantra recitation, we start properly with JIGME LINGPA GANAPUJA

recitation which should last 1 hour (the established time of registration). Please, start 5 mins before and finish 5 mins later your cover hour that will be the overlap between timeslot!

After that hour of Jigme Lingpa recitation, we can continue with The Song of Vajra, the 3rd Ganapuja and dedications of merits.

We hope that many practitioners can connect to this practice and we collect as much as possible merits for a complete recovery of Rinpoche's health and the construction of Dzamling Gar Gönpa.

Join this event as part of the whole in the conscious manner and remember that we are not separated!

Thanks for your collaboration.

Long Life to our Precious Master!

Dzamling Gar & Practicing Together Team