

Recent Courses at Dzamling Gar

Date : February 24, 2018



December 9-11, 2017, Mandarava Retreat with Nina Robinson



Yantra Yoga Second Level Teacher Training with Laura Evangelisti and Fabio Andrico from January 31 to February 9, 2018



Breathing and Kumbhaka with Fabio Andrico February 12- 13, 2018.

