

Request for Silence and Privacy During This Important Time

Date : October 5, 2018



Dear friends,

We ask you to remember the request for silence and privacy during these intense and important weeks for all of us.

It is time to gather our thoughts and to practice, in solitude or collectively, in Merigar or in any other place on earth. Later on there will be an appropriate time to exchange photos, videos, memories and stories.

Now for a few weeks let's take the time not to run behind the last details or collect photos and videos, or to disclose images of private moments such as the practice and the ceremony of October 3.

Let's give space to the present, to this exceptional situation that we are experiencing.

Let's practice Guruyoga, the practice of Presence and of working with circumstances.

Merigar Gakyil