

Medical Anthropology Webinar

Date : December 14, 2017



SHANG SHUNG INSTITUTE
МЕЖДУНАРОДНЫЙ ИНСТИТУТ ТИБЕТСКОЙ КУЛЬТУРЫ



On 23 November 2017 at the Institute of Ethnology and Antropology (IEA) of the Russian Academy of Sciences located in Moscow, Russia, in collaboration with [Shang Shung Institute of Russia](#), there was a webinar on medical anthropology named “Benefits of breathing practices in Yantra Yoga, Tibetan yoga of movement”. The seminar was conducted by Oleg Tanakov, certified Yantra Yoga instructor.

We are grateful to the IEA for a true interest and collaboration in studying of different aspects of the Tibetan culture!

