

## **Tsegyalgar East, Conway, Massachusetts, USA**

October 11

Monthly Movie Night Educational Series Presents:

*Blessings: The Tsoknyi Nangchen Nuns of Tibet*

October

Tibetan Medicine Public Talk: *Winter Care* with Menpa Phuntsog Wangmo (Ping Cuowangmu)

via videoconference

October 26

*Vajra Dance That Benefits Beings* with Ed Hayes

November 8

Monthly Movie Night Educational Series

November 15

*Presence and Awareness* - Public talk with Steven Landsberg

In-person & via videoconference

November 16 & 17

*Accessing the View of Ati in Theory and Practice* with Steven Landsberg

In-person & via videoconference

December 8

Global Vajra Dance Day - *Special Version of the Dance of the Three Vajras*

December 13

Monthly Movie Night Educational Series

December

Tibetan Medicine Public Talk with Menpa Phuntsog Wangmo (Ping Cuowangmu)

via videoconference

Contact: [bluegakyil@tsegyalgar.org](mailto:bluegakyil@tsegyalgar.org)

Website: <https://www.tsegyalgar.org/>