

Merigar East, Romania

2020 Program

In 2020 Merigar East will have a very rich program to offer. Some events are Dzogchen practice retreats, some are therapy training and methods and one is especially dedicated to bringing Rinpoche's vision of the Gar to fulfilment. We wish that your circumstances will allow you to join us and in this way enjoy the "sky-and-earth" quality of Merigar East and also receive the immense benefits and satisfaction of collaborating with the community of practitioners.

March 24 - 29

Craniosacral Biodynamics Training - 1st module

For information about the whole training programme:

<https://forms.gle/u4PCKX7BFGgMZaTR8>

April 24 - 26

Course on Vajra Dance That Benefits Beings with Eleonoara Folegnani

June 5 - 9

The Connection between Our Relative Condition and Absolute Nature with Steven Landsberg

Chöd practice every evening + questions and review of the practice

June 18 - 21

Nature Constellation Workshop "Opening the Heart to Nature"

For more information about the method:

<http://www.naturdialog.ch/>

July 1 - 14

Merigar East Stupa Filling Preparations - COME TO HELP ME!

The actual filling day is set for 15th July.

July 17 - 22

Tibetan Astrology Workshop with Migmar Tsering

25 - 31 July - Green Tara with 21 Praises Retreat with Oliver Leick

August 11 - 16

Craniosacral Biodynamics Training - 2nd module

For information about the whole training programme go here:

<https://forms.gle/u4PCKX7BFGgMZaTR8>

August 18 - 21

Tsalung of the Immortal Life - the Essence and the most important of all the Tsalungs of Mandarava - with Elio Guarisco

August 22 - 26

Instructions and practice retreat on how to Find Oneself in the State of Contemplation - with Elio Guarisco

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