

Tsegyalgar West, Baja California, Mexico

At Dondrubling, Berkeley CA

February 29 - March

Healing Points, Compresses & Oils for Mental and Physical Health,

A continuing education course for Massage Therapists, Acupuncturists and other providers (open to anyone by audit!)

Daily Schedule: 9:30am-12:30pm & 2pm-6pm

Questions? Contact: matthew@shangshung.org

Los Angeles, CA

March 14 & 15

Steve Landsberg will give explanations. We have not set the exact focus of the teaching as of yet.

Tsegyalgar West, Baja California, Mexico

April 3 - 15

Yantra Yoga Beginners & Senior

With Maxim Leshchenko, Nataly di Gaetano, Luke Karamol

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Website: <https://www.tsegyalgarwest.org>