

## **Merigar East, Romania - 2020 Program**

In 2020 Merigar East will have a very rich program to offer. Some events are Dzogchen practice retreats, some are therapy training and methods and one is especially dedicated to bringing Rinpoche's vision of the Gar to fulfilment. We wish that your circumstances will allow you to join us and in this way enjoy the "sky-and-earth" quality of Merigar East and also receive the immense benefits and satisfaction of collaborating with the community of practitioners.

June 5 – 9

Ordinary Mind – Boundless Wisdom

The Connection between Our Relative Condition and Absolute Nature with Steven Landsberg

Chöd practice every evening + questions and review of the practice

June 18 - 21

Nature Constellation Workshop “Opening the Heart to Nature”

For more information about the method:

<http://www.naturdialog.ch/>

July 1 - 20

Finishing and Filling the Second Stupa at Merigar East

July 21 - 25

Tibetan Astrology Workshop with Migmar Tsering

July 31 – August 6

The Practice of Green Tara and Her 21 Manifestations

Explanation and Practice Retreat with Oliver Leick

August 11 – November 30, 2022

Craniosacral Biodynamics Training in 8 seminars

For information about the whole training programme go here:

<https://forms.gle/u4PCKX7BFGgMZaTR8>

August 18 - 21

Attainment of the Immortal Vajra Life

Practice Retreat with Elio Guarisco

August 22 - 26

Learn the Definitive Way to Contemplation

Practice Retreat with Elio Guarisco

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