

Kunsangar North, Russia

Program 2020

1-5 May

The exact way to learn contemplation – practice retreat with essential instructions with Elio Guarisco, ONLINE

5-11 May

Essential practices for invocation of the Guardians of the Teaching with clarification of the melodies as a method for overcoming obstacles with SMS instructor Alexander Pubants, ONLINE

8-11 May

Breathing of space and the Garland of Skulls bestowing long life – practice retreat on the last Tsalung of Mandarava, Achieving an immortal vajra life, with Elio Guarisco, ONLINE

16 may

One day intensive retreat on Dream Yoga with Michael Katz, level 2, ONLINE

*Also in May we plan to do online retreats on Odzer Chenma, Green Tara, Yantra Yoga and some other.

6 June

Retreat on Bardo and Dream Yoga with Michael Katz, ONLINE

2-9 July

SMS retreat with Igor Berkhin (date, format and topic TBC)

24-31 July

Sangha retreat

29 July

Anniversary of Guru Padmasambhava (format and topic TBC)

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