

Yantra Yoga in Chile

Date : October 25, 2016

There were two Yantra Yoga activities with Carolina Muñoz at Rigpa Yoga in Santiago, Chile from October 21-23, 2016.



Friday, October 21:

An open class of Yantra Yoga and Complete Breathing.

Saturday October 22 and Sunday October 23:

Open Base Course.

Carolina Muñoz was kindly taught and Sebastián Sepúlveda organized and generously offer their yoga studio called Rigpa Yoga, a new, beautiful space for practice.

