

## Ngagkong Global Chain to Pacify Our World

**Date :** March 19, 2022

Dear Vajra Family,

On Saturday March 19 at 12.00h ( GMT+0 Tenerife time) we will start our next Ngagkong global chain 36 hour dedicated to pacifying our world. We encourage you to participate and we kindly ask you to try to cover the hours that are still free.

Let us unite in practice for the benefit of all!

Please, when you register choose your time of practice in GMT+0. In this link, you can see a map with the time zones of the world: (<http://www.timeanddate.com/worldclock/converter.html>)

Do you want to participate?

Then,

1. Register by filling the following questionnaire, <http://pt.dzogchen.es/event/36-hours-ngagkong-practice> ?

2. Each practitioner -or group- will start by doing a GANAPUJA (any version) or even a SHORT THUN until transformation. You need to be transformed into Simhamukha before starting the Ngagkong practice. In order not to break the chain, please start the Ganapuja or Thun far enough in advance before the established starting time and do dedications AFTER the 1 hour Ngagkong practice.

3. If you do the practice in a group, after the practice, we kindly ask you to write to [globalchain@dzogchen.es](mailto:globalchain@dzogchen.es) informing us of the number of participants who take part.

May this practice fill all the space and dissolve all obstacles into emptiness.

OM AH HUM

## Practicing Together Team

\*\*\* NEXT PRACTICE TOGETHER ON MARCH 27, AT 12:00(GMT+1) – Ayu Khandro Anniversary and Worldwide Vajra Dance Day – We will celebrate and empower this weekend with our contemplation practice for PEACE along with a 36 hour Vajra Dance via Zoom. Details to be announced.

GURUYOGA OF WHITE A – WEBCAST PRACTICE FOR PEACE on March 27th at 12:00(GMT+1) We will all join in the state of Guru Yoga, the invocation of Guru Garab Dorje, and the Song of the Vajra. Some will sing, and others will sing and dance in contemplation.