

## Santi Maha Sangha Teachers' Conference at Merigar

Date : July 12, 2017



On 7, 8 and 9 July 2017, the first Teacher's Conference of [Santi Maha Sangha](#) was held at [Merigar](#). The initiative was made possible in particular thanks to the approval of our Master and to the organizational commitment of Igor Legati and Lukas Chmelik.

30 SMS teachers attended, among people present physically or connected online. The main topic of the Conference consisted on confronting on how to present meditation and mindfulness in open courses, both inside and outside the Dzogchen Community, for people who have not received the transmission of our Master. The demand for such courses is becoming more and more frequent.

Six teachers (Costantino Albini, Igor Berkhin, Elio Guarisco, Steven Landsberg, Oliver Leick and Fabio Risolo) offered the contribution of their experience on how to lead these courses. The meeting went to a very open and fruitful discussion on the issues that emerged.

The variety of experiences and approaches has become a very important resource for discussion, within the sharing of some essential common points stressed by the Master. For open courses he suggested mainly the themes of presence and awareness, and more generally the meditation practices contained in the first part of the "Precious Vase".

Given the importance of this topic, it was decided to organize a new Teacher's Conference as soon as possible, so that it will be possible to further deepen in an experiential way the teachers' didactic experiences.

*Fabio Maria Risolo*