

## **Starting the Evolution, by Chögyal Namkhai Norbu, is now available!**

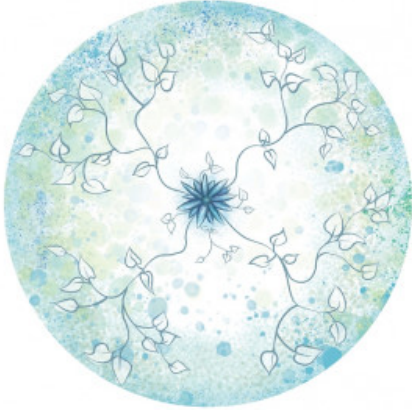
**Date :** November 19, 2018

Dear Vajra Family,

The newest public book of Chögyal Namkhai Norbu, *Starting the Evolution*, is now available!

Chögyal Namkhai Norbu

## Starting the Evolution



It's a summary of all teachings Rinpoche was giving over the years, helping us to understand who we actually are and teaching us how to maintain presence and awareness in our daily life. The book also includes a section on dying as a Dzogchen practitioners, with advice on the four intermediate states.

It is available in two editions; traditional paperback:

<https://shop.shangshungfoundation.com/en/books/835-starting-the-evolution-9788878341654.html>

and e-book (in ePub and Mobi formats):

<https://shop.shangshungfoundation.com/en/ebooks/836-starting-the-evolution-2000000002415.html>

Best wishes,

[Shang Shung Publications](#)

