

## Vajra Dance & Harmonious Breathing at Samyasling

Date : December 1, 2019



The Vajra Dance That Benefits Beings Course with Rosemary Friend at [Samyasling](#) in Melbourne Australia 14-15 September 2019.



Harmonious Breathing and Kumbhaka with Oni McKinstry at Samyasling in Melbourne Australia 5-6 September 2019.