



## Upcoming Events at Kunsangar North, Russia

Dear Sangha,

Here is a preliminary schedule of the upcoming events at Kunsangar North, Russia. You are welcome to join!

### **2-4 April and 9-11 April**

Art of Thangka with Larisa Rozhnova (offline)

### **3-4 April**

Dance of the Three Vajras (Irregular) with Manidari Dobdonova and Uliana Sokolova (offline)

### **4 April**

Lecture 'Guru Yoga of the white A. Teacher, Teaching, Transmission' with SMS instructor Alexander Gomonov (online). Registration:

<https://clck.ru/U2AsM>

### **21-26 April**

SMS retreat with Alexander Gomonov: Liberation of 5 passions in the vision of inseparability of body, speech and mind in the Dzogchen meditation and conduct. Registration: <https://forms.gle/KwkexpAkX7zVE5879> (online)

### **30 April - 4 May**

Sutra, Tantra and Dzogchen with Igor Legati (online)

## **8-10 May**

Practical retreat on Shitro with Grisha Mokhin (offline)

## **8-10 May**

Open course on Vajra Dance that Benefits All Beings (offline)

## **21 May, 7:00-9:00 pm (GMT+3)**

Lecture with Fabio Risolo on the profound meaning of Dzamling Gar song

## **22-23 May**

Retreat on Dzamling Gar Dance and Song with Adriana Dal Borgo (online)  
and offline sessions with Vladimir Belyaev

## **End of May**

Retreat with Oliver Leick (topic to be agreed, online)

## **End of May**

Semdzins with Alfredo Collito (online)

## **11-13 June**

Bodhichitta: Its Essence, its Training, the Way to Practice it and the Way to  
Apply it in the daily life with Gabriella Schneider (online)

## **August**

Vajra Dance retreat with Stofellina Verdonk

## **September**

Gomadevi retreat with Enzo Terzano (online)

**26-31 September**

Offline retreat with Alexander Skwara

**Every Tuesday**

Weekly practice of the Guardians with Alexander Pubants (online)

The schedule is to be clarified and updated with other events on Vajra Dance, Yantra Yoga and Khaita with local instructors. For more information, please contact Kunsangar North Gakyil: [kunsangar.north@gmail.com](mailto:kunsangar.north@gmail.com).